GUEST INFUSIONS ARE POSSIBLE AS FOLLOWS:

Area	Sauna	Times	First infusion	Last infusion
Mixed sauna	Gartenblick Sauna	every 30 minutes	09:15 am	09:15 pm
Mixed sauna	Laubensauna	every 60 minutes	09:30 am	08:30 pm
Ladies' sauna	Beerensauna	every 30 minutes	09:30 am	09:00 pm
Men's sauna	Kräutersauna	every 30 minutes	09:15 am	09:15 pm
Men's sauna	Rebensauna	every 30 minutes	09:30 am	09:00 pm

GUIDED INFUSIONS

Area	Sauna	Times					
Mixed sauna	Kellergassensauna	10:00 am	11:00 am	12:00 pm	01:00 pm	02:00 pm	03:00 pm
		04:00 pm	05:00 pm	06:00 pm	07:00 pm	08:00 pm	09:00 pm
Ladies' sauna	Beerensauna	10:30 am	03:00 pm				
Men's sauna	Rebensauna	11:30 am	04:00 pm				

Signature Infusions of the Vitality World:

"From Storm to Stillness" – Monday and Thursday | **"From Thunder to Tranquility"** – Tuesday and Saturday

SALT PEELINGS IN THE STEAM BATHS

Area	Steam bath	Times		
Ladies' sauna	Frühnebel	11:00 am	14:30 pm	20:00 pm
Men's sauna	Abendrot	12:00 pm	15:30 pm	19:30 pm

SENSUAL MAGIC EXCLUSIVE ON TUESDAYS

Every Tuesday, enjoy our new **indulgent spa peeling creams instead of traditional peeling salt**.
They are provided during the guided steam bath sessions in both the ladies' and gentlemen's saunas.
From 2:00 pm onwards until closing time the ladies' sauna invites you to relax in a candlelit atmosphere.

Please note the following information:

- **Infusion accessories** (bucket with scented water and ladle) are provided by us.
- In the **Kellergassensauna only guided infusions** are offered.
  No infusions take place outside of the guided infusions, guest infusions are **not** possible here.
- There are **no infusions in the Beerensauna and Rebensauna one hour before the guided infusions**.